



NDIS Registered Provider

Commonwealth Home Support Program (CHSP)

Supported by the Australian Government
Department of Health

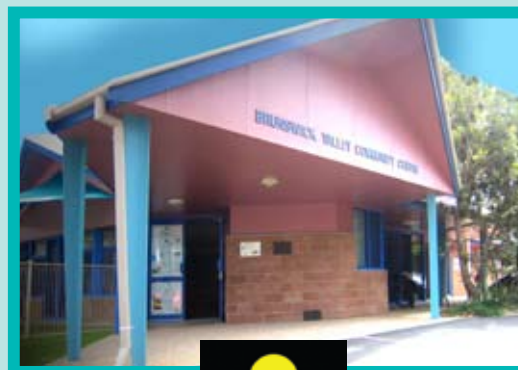
Although funding for this program
has been provided by the Australian Government,
the material contained herein does not necessarily represent
the views or policies of the Australian Government.

Need a little more?
We also offer a private service
Our services can be tailored to suit your
needs and modified for both carers and
clients. Ask about our competitive rates.

Byron Shire Respite Service Inc.
Brunswick Valley Community Centre
South Beach Road, Brunswick Heads
Monday to Friday 9am – 4pm



Respite care is delivered through
our centre-based, flexible respite,
social support, private services
and the NDIS programs.
These utilise a needs based model of care
that pays attention to the strengths
of people and what they wish
to accomplish in their lives.



Byron Shire Respite Service acknowledge and pay respect to the Arakwal people
of the Bundjalung nation, the traditional owners of the land on which
we live and care – and pay respect to the Elders past, present and emerging.



*Are you caring
for someone?*

**We are a community-based organisation
caring for the people of the
BYRON, BALLINA AND LISMORE SHIRES**

— Established 1991 —

**Home-based care, centre-based care,
and social support activities to enable
meaningful interaction together with
recreation and entertainment.**



www.byronrespite.com.au
tel: 6685 1921 or 6685 1619
or visit us at the centre!

If you would like to learn how we can provide support
for your family, please contact us today.

Flexible Respite

We offer quality respite for frail older people so that carers can take a break. Our flexible respite can be provided in a variety of settings including the home, our respite centre or the community.

We provide one-on-one structured activities giving clients a social experience to develop, maintain and support independent living and social interaction while offering respite to the carer.

When can service be provided?

- Carers may need a break for a few hours or a day on a regular basis, or as needed to pursue their outside interests.
- The carer is suddenly and temporarily unable to continue to care, as in the case of an accident or illness.
- Respite for employed carers.

Daytime and overnight support available. We are dementia care specialists.

For more information, please contact Nicole 02) 6685 1619

Email: caremanager@byronrespite.com.au



We assist people and their carers to continue a familiar lifestyle within their community through person-centred care.



Social Support

We provide a range of person-centred services for socially isolated people. Services can include day trips, friendly home visiting, social outings, transport, shopping assistance and accompanying to medical appointments.

If you would like to learn how we can provide you with social support or NDIS services please contact Janine 02) 6685 1629. Email: socialsupport@byronrespite.com.au

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We support people with **younger onset dementia** and disabilities living in residential care or the community. We offer one-on-one or group based activities, to support independent living with social interaction and community engagement.

Centre-based respite services

Our centre-based day respite program operates in Brunswick Heads.

Activities can include art, music, singing, games and gentle exercise. We provide the opportunity for people who are older or with dementia to have a social day in a culturally safe environment, while their carer has a break from their caring role.

Byron Shire Respite Service – Day Program Timetable

monday	tuesday	wednesday	thursday	friday
10am – 2:30pm centre-based day respite <i>dementia friendly</i>	10am – 3pm centre-based day respite <i>dementia friendly</i>	10am – 3pm centre-based day respite <i>dementia friendly</i> Bus outings Shopping & picnic days	10am – 3pm centre-based activities for older people	10am – 3pm centre-based day respite <i>dementia friendly</i>



Lunch, morning and afternoon tea is provided. The cost for the day including transport is \$22.00 (Fees subject to change).

Please contact the centre on 02) 6685 1921. Email: service@byronrespite.com.au