



## National Respite for Carers Program (NRCP)

The Australian Government provides funding to assist carers with information, respite care and other support services through the National Respite for Carers Program.

### Byron Shire Respite Service Inc. offers a private service

Our services can be tailored to suit needs and modified for both carers and clients. Ask about our competitive rates.

For more information on centre-based programs please contact Colin on (02) 6685 1921 or email us at: [service@byronrespite.com.au](mailto:service@byronrespite.com.au)



Australian Government

Byron Shire Respite Service Inc. gratefully acknowledges the funding and other support received from the Australian Government.

Byron Shire Respite Service Inc.  
Brunswick Valley Community Centre  
South Beach Road, Brunswick Heads  
Monday to Friday 9am – 4pm



Respite care is delivered through our Challenging Behaviour, Day Respite and Social Support programs, which utilise a needs based model of care that pays attention to the strengths of people and what they wish to accomplish in their lives.

The Centre-based day respite program, operates Monday through Friday from 10:00am to 3:00pm, provides the opportunity for people who have been classified with any type of dementia or older people, to have a social day in a safe environment, while their carer has a break from their daily caring role.



National Disability Standards Accredited  
National Home Care Standards Accredited



A community Based organisation  
Caring for the people of the  
Byron, Ballina and Lismore shires



Across our three programs, people are able to access home-based care, centre-based care, and social support activities to enable meaningful interactions together with age appropriate recreation and entertainment.

[www.byronrespite.com.au](http://www.byronrespite.com.au)  
tel: 6685 1921 or  
6685 1619  
or visit us at the centre!

If you would like to learn how we can provide respite support for your family please contact us today.

## Community respite services for carers

Community-based respite services are funded to provide respite opportunities in a variety of settings and services such as:

- part or full day respite at the community centre
- in-home respite services, including overnight care and personal care services
- overnight community respite
- activity programs in the community
- respite for carers of people with dementia and challenging behaviours and
- respite for employed carers.

## Challenging Behaviours program

Offers respite care to people who have been classified as having Dementia and/or Dementia with challenging behaviours. To obtain assistance please call Barbara.

## When can the service be provided?

- Carers may need a break for a few hours, or a day on a regular basis, or as needed to pursue their outside interests.
- When the carer is suddenly and temporarily unable to continue to care, as in the case of an accident or illness.



Need a little extra assistance? Ask us about our private service.

We assist people and their carers to continue a familiar lifestyle within their community through Person-Centred Care.



- When the carer cannot access, or the service is not providing regular respite service, e.g. through Centre-based or Home-care Service Respite.
- Emergency Short Term Respite is an alternative to residential care when it is inappropriate for the person to be left at home without a carer's support.

For more information, please contact the Care Manager, Barbara Chambers on (02) 6685 1619.

Byron Shire Respite Service Inc. Activity Timetable				
monday	tuesday	wednesday	thursday	friday
10am – 2:30pm day respite NRCP	10am – 3pm day respite	10am – 3pm day respite 10am – 2:30pm Outings / Shopping & picnic days	10am – 3pm day respite	10am – 3pm day respite

The Social Support program offers a picnic outing once every two weeks, to various locations, to enable people to enjoy a grand day out.

Lunch, morning and afternoon teas are provided and the cost for the day including transport is \$18.00. (Fees subject to change).